self-growth journey

Turning Point Reflection

Noticing moments that gently shifted something

What moments in my life felt like a subtle turning point, even if they didn't seem important at the time?

What changed—internally or externally—around that moment?

What stayed the same, even as something quietly shifted?

REFLECTION: What I notice as I hold this moment without needing to name its meaning:

Some turning points don't redirect a life—they simply soften the way it's lived.

© Self-Growth Journey. For personal use only.